



**Education and training opportunities for  
Healthcare Practitioners**

At The Glade we are happy to provide study days to help increase the confidence of healthcare professionals when responding to the needs of victims of sexual assault.

Please contact the Sexual Assault Referral Centre's staff for more information.

**Emma Durmaz**

SARC Manager & Forensic Examiner

**Hannah Walker**

SARC Co-ordinator & Crisis Worker

**01886 833 555**



If you or someone you know has experienced rape or sexual assault please call: 0808 178 2058.



The Glade  
30 West Road  
Wellington  
Shropshire. TF1 2BB

**Phone:** 01886 833555  
**www.theglade.org.uk**



**A Guide for Healthcare Professionals**



Offering a comprehensive and coordinated forensic, medical, counselling and aftercare service to men, women and children who have experienced rape or sexual assault whether recently or in the past 28 days

**The Glade, 30 West Road, Wellington,  
Shropshire, TF1 2BB**

**01886 833555 - Health care professionals  
08081 782058 - Self referral free phone number**



At The Glade we do our best to provide clients with a warm, welcoming and safe environment. On arrival they will be greeted by a Crisis Worker who will be on hand to assist the

client, and medical professionals. The Crisis Worker will strive to ensure that the visit to the centre goes smoothly and will keep the client informed of the procedures that will take place during the visit.

The Glade brings together a range of professional disciplines so that care and support can be coordinated for those who have been assaulted and will offer, in one place, the best specialist and expert services to men, women and children.

#### Medical help & advice

All of our doctors and nurses are trained to give medical help to anyone who has been sexually assaulted. During the consultation they will discuss any concerns regarding sexually transmitted infections or pregnancy ; and will talk through the options available..

#### ISVA (Independent Sexual Violence Advisor)

Clients will be referred to the ISVA service by the Specially Trained Officer attending with the client. The Crisis Worker will follow up with the ISVA to ensure this referral is made.

#### The Role of the Crisis Worker

The Crisis Worker is there to act as an advocate for the client and to support them throughout the process. They are all trained in providing psychological care to the client and providing a bespoke aftercare package; in consultation with the Forensic Examiner .

#### Police Referrals

Should the client wish to report to the police you can contact them on 0300 333 3000. The police have specially trained officers who will treat the client with respect and dignity and advise them on the process involved.

#### Self Referrals

If the client chooses not to report to the police and has been raped or sexually assaulted within the last 28 days they can still be referred to The Glade. (08081 782058) If the client wishes and it is within the forensic window period then we can undertake a forensic examination and collect evidence; which we will then store at The Glade should the client wish to report to the police in the future. With the clients consent we can also undertake anonymous testing of the evidence to identify any foreign DNA. This decision to send the evidence to the forensic laboratory would be made between the SARC manager and a Specially Trained Police Officer, with the client remaining anonymous.

#### Aftercare

All our clients will be offered a bespoke aftercare package tailored to their individual needs. Advice and screening for sexually transmitted infections, emergency contraception and pregnancy testing, referral to other agencies such as Mental Health teams, counselling etc.

#### What to do if your patient doesn't want to report to the police or self refer

Rape and sexual assault can have serious long term sequelae on the health and well being of the client and their family . The most important thing is that they feel that they are believed and they get the appropriate help and support as soon as possible. In the first instance issues surrounding emergency

contraception, unwanted pregnancy and sexual health screening need to be addressed. Counselling can be organized from any of the below organisations.



Worcestershire - 01905 724514



Herefordshire - 0870 2422230



Shropshire - 01743 357777



Telford and Wrekin - 01952 278000

Counselling arranged at The Glade is provided by Family Matters

